## Flipz Invitational NOVEMBER 15-16th 2024

## **Friday NOVEMBER 15th**

GYM OPENS AT 2:30PM

SESSION 1-- 4/5/8/XP/XD (31)

3:00 --- OPEN STRETCH

3:20 --- MARCH IN / WARM UPS

5:30 --- AWARDS

ADMISSIONS

s SESSION 2--6/7 (22)

**SPECTATORS** 

6:00 --- OPEN STRETCH

ADULTS: \$10 CHILDREN: \$5 6:20 --- MARCH IN /WARM UPS

8:30 --- AWARDS

## **SATURDAY NOVEMBER 16th**

GYM OPENS AT 8:30AM

SESSION 3--Gold (48)

9:00 --- OPEN STRETCH

9:20 --- MARCH IN /WARM UPS

12:00 --- AWARDS

SESSION 4-Silver (59)

ADMISSIONS 12:30 --- OPEN STRETCH

12:45 --- MARCH IN/ WARM UPS

3:00 --- AWARDS

ADULTS: \$10 CHILDREN: \$5

**SESSION 5--Level 3. Bronze (51)** 

3:30 --- OPEN STRETCH

3:45 --- MARCH IN /WARM UPS

6:00 --- AWARDS