



FALL CLASS SCHEDULE- AUGUST 28TH – MAY 26TH PAY BY SESSION(4 WEEKS)

**SESSION 1(AUG. 28TH – SEPT. 23RD) SESSION 2 (SEPT. 25TH- OCT. 21ST) SESSION 3 (OCT. 23RD – NOV. 18TH)
 SESSION 4 (NOV. 27ND – DEC. 23RD) SESSION 5 (JAN. 1ST – JAN. 27TH) SESSION 6 (JAN. 29TH – FEB.24TH)
 SESSION 7 (FEB. 26TH – MAR. 24TH) SESSION 8 (APR. 2ND – APR. 28TH) SESSION 9 (APR. 30TH – MAY 26TH)
NO CLASS (NOV. 20TH- NOV. 25TH) (DEC. 25TH- DEC. 30TH) (MAR. 26TH- MAR. 31ST) (MAY 28TH- JUNE 2ND)**

CLASSES START:

Monday, AUGUST 28TH 2017

All times are p.m. unless otherwise indicated.

\$35 ANNUAL REGISTRATION FEE
 PRORATED TO...
 \$30- NOV.
 \$25- JANUARY
 \$20- MARCH
 \$15-MAY
 NO REGISTRATION FEE DURING THE SUMMER

SE – Sarah Ellebracht
AJ – Abbie Johnson
SB – Sarah Bagley
EB – Emily Burris
BW – Britney Willis
TC – Trent Crawford

FUN NIGHTS
\$17

6-10 p.m.
MOST FRIDAYS

www.FlipzUSAcolumbia.com
 Pre-registration requested

for dates
PRESCHOOL FUN DAYS
\$6.50/child
10:00am – 12:00pm.

MOST Fridays
www.FlipzUSAcolumbia.com

for dates
BIRTHDAY PARTIES
\$108/10 kids
\$5.50 each

Additional child
 Call for availability.
 \$50 deposit due on day of booking.
 (toward total cost)

CLASS TYPE	MONDAY (NO CLASS LABOR DAY SEPTEMBER 4 TH)	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY (NO CLASS OCT. 28 TH)
PARENT TOT	6:45-7:30 BW		6:45-7:30 BW	6:00-6:45 EB	9:45-10:30am AJ
TEDDY BEARS	5:00-5:45 BW 6:30-7:15 AJ	5:15-6:00 EB 7:00-7:45 EB	5:00-5:45 BW 5:45-6:30 BW	5:15-6:00 EB 6:45-7:30 EB	9:00-9:45am AJ
CARTWHEELERS	5:45-6:40 BW	6:00-6:55 EB	6:00-6:55 AJ		9:00-9:55 am SE
ADVANCED CARTWHEELERS				6:30-7:55 AJ	
GIRLS LEVEL 1	5:30-6:25 SB 7:15-8:10 AJ	4:15- 5:10 AJ 5:15-6:10 AJ 7:15-8:10 AJ	5:00-5:55 AJ 7:00-7:55 AJ	5:30-6:25 SB	10:30-11:25am AJ
GIRLS LEVEL 2	5:00-6:30 AJ 6:30-7:55 SB	5:00-6:25 SB 6:30-7:55 SB		5:00-6:30 AJ 6:30-8:00 SB	10:00-11:25am SE
TUMBLING			TUMBLING 7:30-8:25 TC		
BOYS CLASS		6:15-7:10 AJ	6:30-7:25 TC		
LEVEL 2/3 TEAM	ASK About GIRLS TEAM info. by calling 573-474-6300	Blue requires tryouts -this class is by invitation only	YOUR CHILD WILL NOT PARTICIPATE IN CLASS UNTIL YOU HAVE PAID TUITION FOR THE SESSION	AS OF NOVEMBER 2016.. TUITION RATES HAVE CHANGED.	FLIPZ does offer a *second child discount (10% off second child) *second class discount (10% off second class)

WE ARE SWITCHING TO AN AUTOPAY SYSTEM.

- WE NOW REQUIRE YOUR CREDIT CARD ON FILE AND YOUR CARD WILL BE RAN ON THE FIRST DAY OF EACH SESSION.
- IF THERE ARE NO FUNDS WHEN THE CARD IS RAN YOU CHILD WILL BE AUTOMATICALLY DROPPED FROM THE CLASS.
- TO DISCONTINUE YOUR MEMBERSHIP YOU WILL NEED TO NOTIFY THE FRONT DESK TWO WEEKS BEFORE THE END OF THE SESSION OR YOUR CARD WILL BE RAN FOR THE FOLLOWING SESSION.

PRESCHOOL CLASSES:

(AGES 18 MONTHS TO 6 YEARS)

PARENT TOT - (Ages 18 months to 3.5 years) Parents get the chance to participate with their child in the class which makes it more comfortable for the child. Focus is mostly on body awareness, balance, and basic gymnastics.

CLASS IS 45 MINUTE LONG -

\$49 (INCLUDES ALL FEES)

TEDDY BEARS - (Ages 3.5 to 6 years) Boys and girls developing strength, agility, and good listening skills developmental skills. This class concentrates on beginning level skills on all equipment including the foam pit and trampoline.

CLASS IS 45 MINUTES LONG -

\$49 (INCLUDES ALL FEES)

CARTWHEELERS - (Ages 4 to 6 years) Must have approval by an instructor. This class is for students that have mastered a cartwheel and other basic skills that have prepared them for more challenging skills. Progressions get more challenging as skill level increases.

CLASS IS 55 MINUTES LONG -

\$54 (INCLUDES ALL FEES)

ADVANCED CARTWHEELERS 1 - Must have approval by an instructor. This class is for students that have mastered intermediate tumbling skills and other intermediate skills on the equipment.

CLASS IS 85 MINUTES LONG -

\$76 (INCLUDES ALL FEES)

You may schedule a makeup if we are closed on class days during a session if you schedule a makeup during that current session.

BOYS ONLY CLASSES:

(AGES 6 YEARS AND OLDER)

BOYS CLASS- (AGES 6+ YEARS OLD)

Boys will learn basic tumbling skills and basic skills on the boys equipment then will build on those skills and learn more advanced skills on all the equipment Boys need to have a good attention span and discipline in order to excel in this level.

CLASS IS 55 MINUTES LONG

\$54 (INCLUDES ALL FEES)

TUMBLING / CHEER CLASSES:

TUMBLING - (Ages 10 and over) This class is open to girls and boys. In this class each child will be working on tumbling skills at their own level. This is a perfect class for girls that want to be cheerleaders or boys that want to learn how to flip.

CLASS IS 55 MINUTES LONG

\$54 (INCLUDES ALL FEES)

GIRLS ONLY CLASSES:

(AGES 6 YEARS AND OLDER)

LEVEL 1 - This class is the beginner level of girls elementary age gymnastics. Girls will learn basic tumbling and dance skills on the floor as well as basic skills on the girls' equipment and trampolines. Some flexibility and conditioning is introduced at this level.

CLASS IS 55 MINUTES

\$54 (INCLUDES ALL FEES)

LEVEL 2 - Must have prior approval by an instructor. More advanced skills are learned on all the girls equipment and trampolines. This level is more intense and requires more discipline. Conditioning and flexibility is emphasized at this level.

CLASS IS 85 MINUTES LONG -

\$76 (INCLUDES ALL FEES)

LEVEL 2/3 COMPETITION - Must have prior approval by an instructor. This is our first level of competition. These girls will be competing in the Heart of Missouri gymnastics league. This level is more intense and requires more discipline. Conditioning and flexibility is important at this level.

UPPER LEVEL COMPETITIVE TEAM - (GIRLS) MUST TRYOUT BEFORE JOINING
Gymnast Level 3 and above compete in USA Gymnastics. LEVELS AND XCEL TEAM teams

Wireless internet available while your children are in class. Be sure to check out times and dates for Fun Days, Fun Nights.