

## FALL CLASS SCHEDULE- AUGUST 28<sup>TH</sup> – MAY 26<sup>TH</sup> PAY BY SESSION(4 WEEKS)

SESSION 1(AUG. 28<sup>TH</sup> – SEPT. 23<sup>RD</sup>) SESSION 2 (SEPT. 25<sup>TH</sup>- OCT. 21<sup>ST</sup>) SESSION 3 (OCT. 23<sup>RD</sup> – NOV. 18<sup>TH</sup>)  
 SESSION 4 (NOV. 27<sup>ND</sup> – DEC. 23<sup>RD</sup>) SESSION 5 (JAN. 1<sup>ST</sup> – JAN. 27<sup>TH</sup>) SESSION 6 (JAN. 29<sup>TH</sup> – FEB.24<sup>TH</sup>)  
 SESSION 7 (FEB. 26<sup>TH</sup> – MAR. 24<sup>TH</sup>) SESSION 8 (APR. 2<sup>ND</sup> – APR. 28<sup>TH</sup>) SESSION 9 (APR. 30<sup>TH</sup> – MAY 26<sup>TH</sup>)  
**NO CLASS (NOV. 20<sup>TH</sup>- NOV. 25<sup>TH</sup>) (DEC. 25<sup>TH</sup>- DEC. 30<sup>TH</sup>) (MAR. 26<sup>TH</sup>- MAR. 31<sup>ST</sup>) (MAY 28<sup>TH</sup>- JUNE 2<sup>ND</sup>)**

### CLASSES START:

**Monday, AUGUST 28<sup>TH</sup> 2017**

All times are p.m. unless otherwise indicated.

\$35 ANNUAL REGISTRATION FEE  
 PRORATED TO...  
 \$30- NOV.  
 \$25- JANUARY  
 \$20- MARCH  
 \$15-MAY  
 NO REGISTRATION FEE DURING THE SUMMER

**SE – Sarah Ellebracht**  
**AJ – Abbie Johnson**  
**SB – Sarah Bagley**  
**EB – Emily Burris**  
**BW – Britney Willis**  
**TC – Trent Crawford**

**FUN NIGHTS**  
**\$17**

**6-10 p.m.**  
**MOST FRIDAYS**

[www.FlipzUSAcolumbia.com](http://www.FlipzUSAcolumbia.com)  
 Pre-registration requested

for dates

**PRESCHOOL FUN DAYS**

**\$6.50/child**

**10:00am – 12:00pm.**

**MOST Fridays**

[www.FlipzUSAcolumbia.com](http://www.FlipzUSAcolumbia.com)

for dates

**BIRTHDAY PARTIES**

**\$108/10 kids**

**\$5.50 each**

Additional child  
 Call for availability.

\$50 deposit due on  
 day of booking.  
 (toward total cost)

<u>CLASS TYPE</u>	<u>MONDAY</u> (NO CLASS LABOR DAY SEPTEMBER 4 <sup>TH</sup> )	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>SATURDAY</u> (NO CLASS OCT. 28 <sup>TH</sup> )
<u>PARENT TOT</u>	6:45-7:30 BW		6:45-7:30 BW	6:00-6:45 EB	9:45-10:30am AJ
<u>TEDDY BEARS</u>	5:00-5:45 BW 6:30-7:15 AJ	5:15-6:00 EB 7:00-7:45 EB	5:00-5:45 BW 5:45-6:30 BW	5:15-6:00 EB 6:45-7:30 EB	9:00-9:45am AJ
<u>CARTWHEELERS</u>	5:45-6:40 BW	6:00-6:55 EB	6:00-6:55 AJ		9:00-9:55 am SE
<u>ADVANCED CARTWHEELERS</u>				6:30-7:55 AJ	
<u>GIRLS LEVEL 1</u>	5:30-6:25 SB 7:15-8:10 AJ	4:15- 5:10 AJ 5:15-6:10 AJ 7:15-8:10 AJ	5:00-5:55 AJ 7:00-7:55 AJ 7:30-8:25 BW	5:30-6:25 SB 7:30-8:25 EB	10:30-11:25am AJ
<u>GIRLS LEVEL 2</u>	5:00-6:30 AJ 6:30-7:55 SB	5:00-6:25 SB 6:30-7:55 SB		5:00-6:30 AJ 6:30-8:00 SB	10:00-11:25am SE
<u>TUMBLING</u>			<u>TUMBLING</u> 7:30-8:25 TC		
<u>BOYS CLASS</u>		6:15-7:10 AJ	6:30-7:25 TC		
<u>LEVEL 2/3 TEAM</u>	ASK About GIRLS TEAM info. by calling 573-474-6300	Blue requires tryouts -this class is by invitation only	<u>YOUR CHILD WILL NOT PARTICIPATE IN CLASS UNTIL YOU HAVE PAID TUITION FOR THE SESSION</u>	<b>AS OF NOVEMBER 2016.. TUITION RATES HAVE CHANGED.</b>	FLIPZ does offer a *second child discount (10% off second child) *second class discount (10% off second class)

### WE ARE SWITCHING TO AN AUTOPAY SYSTEM.

- WE NOW REQUIRE YOUR CREDIT CARD ON FILE AND YOUR CARD WILL BE RAN ON THE FIRST DAY OF EACH SESSION.
- IF THERE ARE NO FUNDS WHEN THE CARD IS RAN YOU CHILD WILL BE AUTOMATICALLY DROPPED FROM THE CLASS.
- TO DISCONTINUE YOUR MEMBERSHIP YOU WILL NEED TO NOTIFY THE FRONT DESK TWO WEEKS BEFORE THE END OF THE SESSION OR YOUR CARD WILL BE RAN FOR THE FOLLOWING SESSION.

## PRESCHOOL CLASSES:

(AGES 18 MONTHS TO 6 YEARS)

**PARENT TOT** - (Ages 18 months to 3.5 years) Parents get the chance to participate with their child in the class which makes it more comfortable for the child. Focus is mostly on body awareness, balance, and basic gymnastics.

CLASS IS 45 MINUTE LONG -

**\$49 (INCLUDES ALL FEES)**

**TEDDY BEARS** - (Ages 3.5 to 6 years) Boys and girls developing strength, agility, and good listening skills developmental skills. This class concentrates on beginning level skills on all equipment including the foam pit and trampoline.

CLASS IS 45 MINUTES LONG -

**\$49 (INCLUDES ALL FEES)**

**CARTWHEELERS** - (Ages 4 to 6 years) Must have approval by an instructor. This class is for students that have mastered a cartwheel and other basic skills that have prepared them for more challenging skills. Progressions get more challenging as skill level increases.

CLASS IS 55 MINUTES LONG -

**\$54 (INCLUDES ALL FEES)**

**ADVANCED CARTWHEELERS 1** - Must have approval by an instructor. This class is for students that have mastered intermediate tumbling skills and other intermediate skills on the equipment.

CLASS IS 85 MINUTES LONG -

**\$76 (INCLUDES ALL FEES)**

*You may schedule a makeup if we are closed on class days during a session if you schedule a makeup during that current session.*

## BOYS ONLY CLASSES:

(AGES 6 YEARS AND OLDER)

**BOYS CLASS-** (AGES 6+ YEARS OLD)

Boys will learn basic tumbling skills and basic skills on the boys equipment then will build on those skills and learn more advanced skills on all the equipment Boys need to have a good attention span and discipline in order to excel in this level.

CLASS IS 55 MINUTES LONG

**\$54 (INCLUDES ALL FEES)**

## TUMBLING / CHEER CLASSES:

**TUMBLING** - (Ages 10 and over) This class is open to girls and boys. In this class each child will be working on tumbling skills at their own level. This is a perfect class for girls that want to be cheerleaders or boys that want to learn how to flip.

CLASS IS 55 MINUTES LONG

**\$54 (INCLUDES ALL FEES)**

## GIRLS ONLY CLASSES:

(AGES 6 YEARS AND OLDER)

**LEVEL 1** - This class is the beginner level of girls elementary age gymnastics. Girls will learn basic tumbling and dance skills on the floor as well as basic skills on the girls' equipment and trampolines. Some flexibility and conditioning is introduced at this level.

CLASS IS 55 MINUTES

**\$54 (INCLUDES ALL FEES)**

**LEVEL 2** - Must have prior approval by an instructor. More advanced skills are learned on all the girls equipment and trampolines. This level is more intense and requires more discipline. Conditioning and flexibility is emphasized at this level.

CLASS IS 85 MINUTES LONG -

**\$76 (INCLUDES ALL FEES)**

**LEVEL 2/3 COMPETITION** - Must have prior approval by an instructor. This is our first level of competition. These girls will be competing in the Heart of Missouri gymnastics league. This level is more intense and requires more discipline. Conditioning and flexibility is important at this level.

**UPPER LEVEL COMPETITIVE TEAM** - (GIRLS) MUST TRYOUT BEFORE JOINING  
Gymnast Level 3 and above compete in USA Gymnastics. LEVELS AND XCEL TEAM teams

**Wireless internet available while your children are in class. Be sure to check out times and dates for Fun Days, Fun Nights.**