

FlipzUSA



SUMMER CLASS SCHEDULE- JUNE 5TH- AUGUST 25TH (12 weeks) PAY BY SESSION(4 WEEKS)
SESSION 1(JUNE 5TH – JULY 1ST) SESSION 2 (JULY 3RD – JULY 29TH) SESSION 3 (JULY 31ST – AUGUST 25TH)

<u>CLASS TYPE</u>	<u>MONDAY</u>	<u>TUESDAY</u> (NO CLASS JULY 4 th)	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>SATURDAY</u>
<u>PARENT TOT</u>	6:45-7:30 KB		6:45-7:30 KB	5:45-6:30 SE	9:45-10:30am MW
<u>TEDDY BEARS</u>	5:00-5:45 KB 6:30-7:15 AR	6:15-7:00 OB 7:00-7:45 OB	5:00-5:45 KB 5:45-6:30 KB	5:45-6:30 OB 6:30-7:15 SB	9:00-9:45am MW
<u>CARTWHEELERS</u>	5:45-6:40 KB	5:15-6:10 OB	6:15-7:10 AR		9:00-9:55 am SE
<u>ADVANCED CARTWHEELERS</u>				6:30-7:55 SE	
<u>GIRLS LEVEL 1</u>	5:00-5:55 OB 5:30-6:25 SB 7:30-8:25 AR	5:30-6:25 MW 6:30-7:25 MW	5:15-6:10 AR 6:30-7:25 SB 7:30-8:25 SB	5:30-6:25 SB 6:30-7:25 OB 7:30-8:25 OB	10:30-11:25am MW
<u>GIRLS LEVEL 2</u>	5:00-6:30 AR 6:00-7:30 OB	5:00-6:25 SE 6:30-7:55 SE		5:30-7:00 AJ 7:00-8:25 AJ	10:00-11:25am SE
<u>TUMBLING</u>			<u>TUMBLING</u> 7:30-8:25 TC		
<u>BOYS PRESCHOOL</u>		5:30-6:25 AJ			
<u>BOYS CLASS</u>		6:30-7:25 AJ	6:30-7:25 TC		
<u>LEVEL 2/3 TEAM</u>	ASK About GIRLS TEAM info. by calling 573-474-6300	Blue requires tryouts -this class is by invitation only	<u>YOUR CHILD WILL NOT PARTICIPATE IN CLASS UNTIL YOU HAVE PAID TUITION FOR THE MONTH</u>	<u>AS OF NOVEMBER 2016.. TUITION RATES HAVE CHANGED.</u>	Tuition is due before the first class of each MONTH. \$10 LATE FEE AFTER THE 10 TH \$15 LATE FEE AFTER THE 15 TH

CLASSES START:
Monday, JUNE 5TH 2017
 All times are p.m. unless otherwise indicated.

AR – Amara Reichert
SE – Sarah Ellebracht
AJ – Abbie Johnson
KB – Katie Bagley
SB – Sarah Bagley
MW – Marsan West
OB – Olivia Barnes
TC – Trent Crawford

FUN NIGHTS
\$17
6-10 p.m.

MOST FRIDAYS
www.FlipzUSAcolumbia.com
 Pre-registration requested for dates

PRESCHOOL FUN DAYS
\$6.50/child
10:00am – 12:00pm.

MOST Fridays
www.FlipzUSAcolumbia.com
 for dates

BIRTHDAY PARTIES
\$108/10 kids
\$5.50 each
 Additional child
 Call for availability.

FLIPZ does offer a
 *second child discount (10% off second child) *second class discount (10% off second class)



PRESCHOOL CLASSES:

(AGES 18 MONTHS TO 6 YEARS)

PARENT TOT - (Ages 18 months to 3.5 years) Parents get the chance to participate with their child in the class which makes it more comfortable for the child. Focus is mostly on body awareness, balance, and basic gymnastics.

CLASS IS 45 MINUTE LONG -
\$49 (INCLUDES ALL FEES)

TEDDY BEARS - (Ages 3.5 to 6 years) Boys and girls developing strength, agility, and good listening skills developmental skills. This class concentrates on beginning level skills on all equipment including the foam pit and trampoline.

CLASS IS 45 MINUTES LONG -
\$49 (INCLUDES ALL FEES)

CARTWHEELERS - (Ages 4 to 6 years) Must have approval by an instructor. This class is for students that have mastered a cartwheel and other basic skills that have prepared them for more challenging skills. Progressions get more challenging as skill level increases.

CLASS IS 55 MINUTES LONG -
\$54 (INCLUDES ALL FEES)

ADVANCED CARTWHEELERS 1 - Must have approval by an instructor. This class is for students that have mastered intermediate tumbling skills and other intermediate skills on the equipment.

CLASS IS 85 MINUTES LONG -
\$76 (INCLUDES ALL FEES)

You may schedule a makeup if we are closed on class days during a session if you schedule a makeup during that current session.

BOYS ONLY CLASSES:

PRESCHOOL BOYS – This class is geared for boys 4-6 years old. Boys will learn basic tumbling skills and basic skills on the boys equipment. Some conditioning and strength is included in this class

CLASS IS 55 MINUTES LONG
\$54 (INCLUDES ALL FEES)

BOYS CLASS- (AGES 6+ YEARS OLD)

Boys will learn basic tumbling skills and basic skills on the boys equipment then will build on those skills and learn more advanced skills on all the equipment Boys need to have a good attention span and discipline in order to excel in this level.

CLASS IS 55 MINUTES LONG
\$54 (INCLUDES ALL FEES)

TUMBLING / CHEER CLASSES:

TUMBLING - (Ages 10 and over) This class is open to girls and boys. In this class each child will be working on tumbling skills at their own level. This is a perfect class for girls that want to be cheerleaders or boys that want to learn how to flip.

CLASS IS 55 MINUTES LONG
\$54 (INCLUDES ALL FEES)

GIRLS ONLY CLASSES:

(AGES 6 YEARS AND OLDER)

LEVEL 1 - This class is the beginner level of girls elementary age gymnastics. Girls will learn basic tumbling and dance skills on the floor as well as basic skills on the girls' equipment and trampolines. Some flexibility and conditioning is introduced at this level.

CLASS IS 55 MINUTES
\$54 (INCLUDES ALL FEES)

LEVEL 2 - Must have prior approval by an instructor. More advanced skills are learned on all the girls equipment and trampolines. This level is more intense and requires more discipline. Conditioning and flexibility is emphasized at this level.

CLASS IS 85 MINUTES LONG -
\$76 (INCLUDES ALL FEES)

LEVEL 2 COMPETITION – Must have prior approval by an instructor. This is our first level of competition. These girls will be competing in the Heart of Missouri gymnastics league. This level is more intense and requires more discipline. Conditioning and flexibility is important at this level.

UPPER LEVEL COMPETITIVE TEAM – (GIRLS) MUST TRYOUT BEFORE JOINING
Gymnast Level 3 and above compete in USA Gymnastics. LEVELS AND XCEL TEAM teams

Wireless internet available while your children are in class. Be sure to check out times and dates for Fun Days, Fun Nights.

